



## King County

### **Mental Health, Chemical Abuse and Dependency Services Division**

Department of  
Community and Human Services

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### **King County Mental Health Advisory Board (MHAB) Regular Meeting January 10, 2012**

**Members Present:** Nancy Dow-Witherbee, Chair; Moz Benado; John Holecek; Kristin Houser; Veronica Kavanagh; Toni Krupski, Vice Chair; Allan Panitch, Steve Williams

**Members Absent:** Alicia Glenwell (excused); Nicole Cederblom, Eleanor Owen (unexcused)

**Guests Present:** Joan Clement, (KCASAAB Board Liaison); Rose Quinby, YMCA

**Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present:** Bryan Baird, Jean Robertson

#### **I. Welcome and Introductions**

Board Chair, Nancy Dow-Witherbee, convened the meeting at 4:35 p.m., at the Chinook Building, 401 5th Avenue, Seattle, Conference Room 126. Nancy welcomed the members and introductions were made by each person in attendance. A quorum was present for this meeting.

#### **II. Approval of Minutes**

The December 8th MHAB regular meeting minutes were approved by consensus.

#### **III. Chairperson's Report**

In a closed session prior to today's MHAB meeting, the board recommended to remove Nicole Cederblom from its membership due to long-term absenteeism.

#### **IV. Young Men's Christian Association (YMCA) Outcomes Presentation**

Rose Quinby, YMCA Director, provided some background and presented outcome data for the Children's Crisis Outreach Response System (CCORS), funded through the Mental Health Block Grant, MIDD funding, and Division of Child and Family Services. The CCORS program is a mobile, short-term, immediate 24/7 in-person crisis service serving families in acute mental health crisis involving their children. The program also helps families stay together safely, links families to long-term services, and assists families develop new skills and healthy responses.

Some of the outcomes provided include:

- 78 percent of Child Hospitalizations diverted at the Emergency Room, saving \$8,064 per day in health care costs or \$2,943,360 per year.
- 100 percent of families referred through the Crisis Clinic stayed together, avoiding out-of-home placement.
- 86 percent of families receiving Intensive Stabilization Services (ISS) avoided imminent, out-of-home placement for their child.
- In 2010, 13 percent Increase in School Enrollment from 84 percent to 97 percent.
- In 2011, 62 percent of families confirmed linkage with a longer term mental health provider (33 percent referred, not ready).

For more information, contact Rose at [rquinby@seattlemca.org](mailto:rquinby@seattlemca.org).

## V. Committee Reports

Legislative Advocacy and Public Affairs Committee (LAPAC) Update – Toni Krupski  
Meeting topics from the LAPAC meeting included:

The venue is too small for the number attending the Annual Legislative Forum. The LAPAC is currently looking for a bigger venue; possibly Town Hall which holds upwards of 800 people, (capacity at St. Marks is approx 350). The disadvantage of Town Hall is this venue is more expensive even with reduced rates. The Annual Legislative Forum is scheduled for November 15, 2012.

Regarding the Fall special legislative session, there was the fear they would make the big cuts recommended by the Governor, but those decisions were deferred to the 60-day regular session that began yesterday, January 9. Cuts still have to be taken, but even with the revenue package proposed it will only cover approximately 25 percent needed to make the shortfall. It's inevitable there will be very deep cuts.

House Bill 2220 was proposed when the legislative session opened yesterday. This bill requires certain health care professionals receive continuing education in suicide assessment, treatment, and management, and that they receive this training every six years.

It looks likely there will be another special session after the 60 day regular session. Issues attached to this is the longer it takes to make cuts, the higher the cuts will be due to the shorter timeframe. If the revenue vote passes, it must pass substantially in King County and the boards will be asked strongly to get the vote out and encourage people with awareness campaigns.

Other issues discussed:

- The legalization of marijuana.
- Liquor Tax. The KCASAAB will deal with a possible liquor tax and the possibility to get revenue from that. It's assumed with the privatization of alcohol will

translate to increased consumption, leading to increased problems, addicted behaviors, and hopefully there will be funds earmarked for treatment.

The next quarterly LAPAC meeting is scheduled for Monday, March 12, 2012, from 1 p.m. to 3 p.m., in Chinook Building, Room 116.

#### Nominations Committee Update – Nancy Dow-Witherbee

See Chairperson's report above. There are currently no new applicants.

#### Quality Council (QC) Update

No report as this meeting was cancelled.

Nancy announced Kristin Houser has agreed to Chair the QC.

The next QC meeting is scheduled for Monday, January 23rd from 3 p.m. to 4:30 p.m., in Chinook Building, Room 124.

#### Recovery Advisory Committee (RAC) Update – Veronica Kavanaugh

Meeting topics from the RAC meeting included:

- Professional Association with Mental Illness (PAMI)
- Reviewed the draft of the strategic plan
- Whole health peers and working with the medical community
- Public Health is applying for an Innovations Grant with a focus on how to combine systems

The next RAC meeting is scheduled for Tuesday, January 17, 2012, from 3:30 p.m. to 5 p.m., in Chinook Building, Room 126.

#### Mental Illness and Drug Dependency (MIDD) Oversight Committee (OC) Update – Nancy Dow-Witherbee

No report as this meeting was cancelled.

The next MIDD OC meeting is scheduled for Thursday, February 23, 2012, from 12:15 p.m. to 1:45 p.m., in Chinook Building, Rooms 121 and 123.

## **VI. Subcommittee and Liaison Assignments**

The purpose of these assignments is to attach a MHAB member to an agency, develop and cultivate the relationship, and report the agency successes, challenges, and concerns to the board.

Changes to the Liaison Assignments include:

- Adding the following positions to the list:
  - MHAB liaison to the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB), Toni Krupski
  - Catholic Community Services, not yet assigned
  - Pioneer Human Services, not yet assigned

- Removing former members from the list:
  - Eugene Wan, former liaison to Asian Counseling and Referral Service and Harborview Medical Center
  - Nicole Cederblom, former liaison to Seattle Children's
- Assignment adjustments:
  - Harborview Medical Center: Kristin Houser, added
  - SeaMar Community Health Centers: Toni Krupski, removed
  - Seattle Children's Home: Allan Panitch, removed

#### **VII. Staff Report – Jean Robertson**

Jean distributed a list of King County Regional Support Network Non-Medicaid programs and Federal Block Grant Budgets, citing which programs are mandated, were reduced, or cut completely in 2011. This is a list of services built over the last couple of decades, but have been continuously reduced, and some now endangered. All of these services are important, but if programs become too small, they will no longer be sustainable.

Jean reported some good news:

A land use petition to block the Crisis Diversion Facility being sited where planned was denied. The judge rejected all arguments. There is a 30-day window to allow time for an appeal to be filed.

A Family Support Organization (FSO) blog page was provided to keep the board up to date on FSO activities.

#### **VIII. Board and Community Concerns**

- The First Annual King County MHCADSD All Provider Meeting is Friday, January 27, 2012 at the Criminal Justice Training Center, 19010 1st Avenue S, Burien, from 8:30 a.m. to 4:30 p.m. Flyers and draft agendas were disseminated. All board members were invited. RSVP to Bryan Baird at [bryan.baird@kingcounty.gov](mailto:bryan.baird@kingcounty.gov).
- Moz Benado announced from this day forward, she will serve solely as a MHAB member rather than jointly serving as MHAB member and Ombuds staff. There will be an Ombuds representative at all future MHAB meetings.
- Jean announced a review and update of the board bylaws is warranted and a possible workgroup may need to be formed for this purpose. Jean will send them out to the members before the next meeting.

#### **IX. Adjournment**

There being no further business, the meeting adjourned at 6:30 p.m.

Prepared by;  
Bryan Baird  
Recording Secretary

Attested by:  
Nancy Dow-Witherbee  
Board Chair